

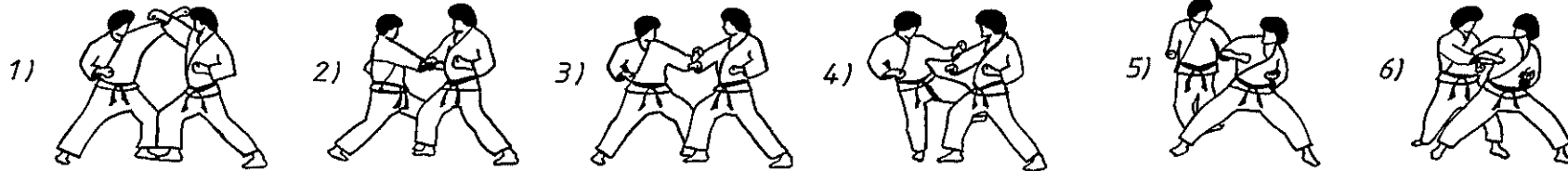


OHYO KUMITE 1-5 (WADOKAI)

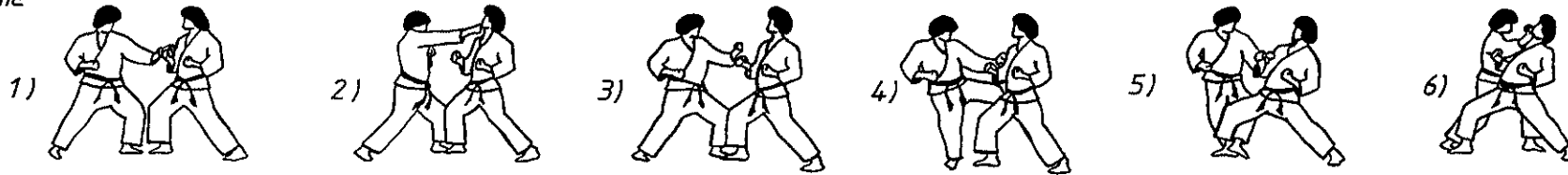
PRÜFUNGSPROGRAMM NACH GROßMEISTER TERUO KONO



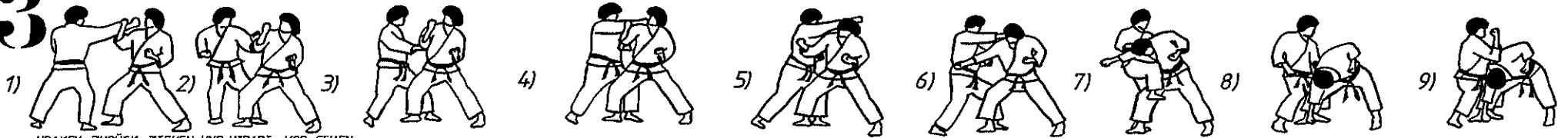
1 ipponme



2 nihonme

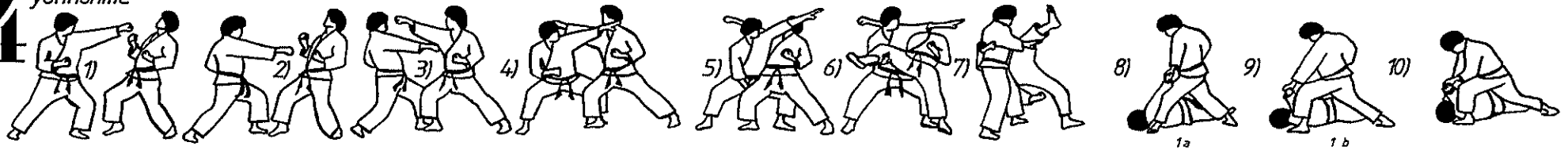


3 sanbonme

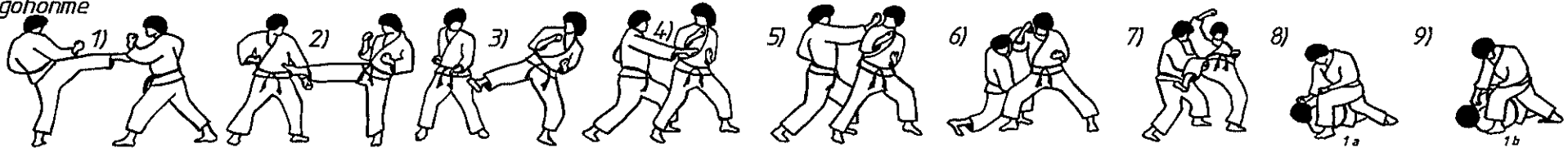


URAKEN ZURÜCK ZIEHEN UND HIGARI VOR-GEHEN

4 yonhonme



5 gohonme



KONTER URAKEN ODER TSUKI